*All programs are for registered members only*  *Drop-in programs are not supervised*  *Pre-registration only during specific registration dates*  
*All participants that require 1:1 assistance must bring an aide to assist them when attending the center*  *You must bring your own lunch*

**********ALL DROP-IN PROGRAMS ARE ON A FIRST COME FIRST SERVE BASIS FOR MATERIALS AND SUPPLIES**********

To register for an event: Come in if money is required at time of registration. If no money is required, you can call, email or come in to register!

Open Recreation – This drop-in program is designed for members who are independent and ages 16+. During this program participants are able to use materials from the center at their own leisure. Participants can come to, and leave, the center as they choose. No direct supervision provided.

Afterschool – This registration required program is designed for children and youth ages 5-15. This program runs Monday-Thursday after school until 5:30 p.m. Each day includes exercise, a physical activity/game, a snack, an art project and a fun themed program. Applications will be taken on a monthly basis for the program. LAST DAY OF AFTERSCHOOL: May 14

Volunteer Group: – This drop-in program will spend a few hours giving back to the community. This group will plan to meet at the Multipurpose Center, load up the van and head to a local facility to give-back, and help, in some form or fashion. Weekly location destinations are subject to change. See Veronica for details.

Super Sports: - This drop-in program will consist of an hour long program of a certain sport each week that will be played in wheelchairs.

Drama Class (Theater) – This pre-registration required 10-week program will occur on Tuesday nights and focus on line memorization, stage presentation and stage performance. There will be a final show performance on May 12 at 6:00 p.m. Free Admission to come watch!

Weight Lifting – This drop-in program will focus on lifting weights using arms, legs and back to increase over muscle strength.

Drum Circle – This drop-in program will focus on following directions, memory recall and the therapeutic power of music using drums and other musical instruments.

Brain Games – This drop-in program will focus on memory recall, problem solving and other cognitive training/re-training skills. This class is created for higher level participants and may need to be adjusted by an aide for those participants who are lower functioning. Skills will be presented through recreation based learning techniques.

Lift & Step Workouts – This drop-in program will be an hour long of various workouts set to music. Examples may include: Superhero workouts, running/pushing, getting up and down from the floor, step aerobics, dancing, etc.

Bowling League – This pre-registration required program will take place on Fridays at Armadilla Lanes from 10:00 a.m. – 12:00 p.m. Each bowler must bring $5 each week in order to cover the cost of bowling two games. In order to bowl with the Multipurpose Center group, you must have registered for this program in February. MAY 1 is the LAST DAY of the bowling league for this session.

SPECIAL EVENT: Wheelchair Wind-Up Wheelchair Softball Tournament: – This drop-in Saturday and Sunday event is free to the public to come watch teams compete on two fields for the championship in the annual wheelchair softball tournament. Teams come from all over Texas.

SPECIAL EVENT: CAMP FOR ALL: – This registration required program is an overnight trip to an all accessible camp in Burton, Texas. YOU MUST HAVE REGISTERED in January in order to attend the trip. The camp reunion will be on August 14 at 6:00 p.m. Anyone can attend the reunion and learn more so you can attend next year. The cost for each participant to attend in 2016 is $240 per participant.

Safety Class – This drop-in program will be provided to participants to focus on personal safety while at the center. Topics covered will include: fire safety, inclement weather procedures, evacuation procedures, strangers, etc.

Bingo – This drop-in program is a fun morning program focusing on scanning and problem solving.

Silly Social Hour – This drop-in program will focus on teaching very basic social skills to participants. This class is created for higher level participants and may need to be adjusted by an aide for those participants who are lower functioning. Skills will be presented through recreation based learning techniques.

Jam Band – This drop-in program will focus on creating a band and all of its instrumental areas. There will be opportunities for participants to sing, play a drum set, electric guitar, bass guitar, tambourine, etc. This is an experiential band and staff are not professionally trained in any of the areas.

Cooking Class – This drop-in program is designed for participants to cook a meal and then eat the meal with the group. After the meal is finished, and the participants have cleaned up the kitchen, the group will walk/roll for 20-30 minutes.

Monthly Dance – This drop-in program is $1 for admission. Theme: PROM NIGHT

Pre-Prom Activities – This registration required program will take place before the dance. The goal is to meet at Los Amigos Restaurant (on Burke and Fairmont) to have dinner starting at 4:00 p.m. Each participant must pay for their own dinner. After dinner, all participants will take a limo ride to the center for pictures...followed by the Prom Night themed monthly dance.

Chair Zumba – This drop-in cardio program consists of body movements, set to music, to build muscles and increase strength and endurance. All movements will be instructed while sitting in a chair (you are welcome to stand as you are able). Contract Instructor: Lisa Leonard

Wheelchair Sports – This drop-in program is designed for participants of all ages, and ability levels, to participate in wheelchair sports. You can still play with the group, in a wheelchair, even if a wheelchair is not your primary form of ambulation. Sports wheelchairs provided. Reminder: WHEELCHAIR SOFTBALL TOURNAMENT (at the Multipurpose Center – All Day) MAY 23 & 24

Registration Dates for programs:
Register May 1 – 8 for the May 15 Pre-Prom Activities

Summer Camps – MUST REGISTER at some point now - MAY 29. THE CAMP FEE IS DUE AT REGISTRATION.
Camp Climb June 15-26 (ages 5-16 who do not require 1 to 1 supervision); Monday – Friday; 9a-230p
Camp Climb Fees: (Resident-$77 per week) (Non-Resident-$85 per week)

Camp Achieve July 6-17 (ages 11-16 who require 1 to 1 supervision); Monday – Friday; 9a-12p
Camp Achieve Fees: (Resident-$65 per week) (Non-Resident-$75 per week)

Camp Strive July 20-31 (ages 16+ for individuals who are independent in activities of daily living (ADL)); Monday – Friday; 9a-230p
Camp Strive Fees: (Resident-$60 per week) (Non-Resident-$70 per week)

Wheelchair Sports Camp August 3-7 (all ages of individuals who have physical disabilities): Monday – Friday; 9a-230p
Wheelchair Sports Camp Fees: (Resident-$60 per week) (Non-Resident-$75 per week)