**APRIL 2015 - PROGRAM DESCRIPTIONS**

*All programs are for registered members only*  *Drop-in programs are not supervised*  *Pre-registration only during specific registration dates*  
*All participants that require 1:1 assistance must bring an aide to assist them when attending the center*  *You must bring your own lunch*

**********ALL DROP IN PROGRAMS ARE ON A FIRST COME FIRST SERVE BASIS DEPENDING ON AVAILABLE MATERIALS**********

To register for an event: Come in if money is required at time of registration. If no money is required, you can call, email or come in to register!

Open Recreation – This drop-in program is designed for registered participants who are independent and ages 16+. During this program participants are able to use materials from the center at their own leisure. Participants can come to, and leave, the center as they choose. No direct supervision provided.

Afterschool – This registration required program is designed for children and youth ages 5-15. This program runs Monday-Thursday until 5:30 p.m. Each day includes exercise, a physical activity/game, a snack, an art project and a fun themed program. Applications will be taken on a monthly basis for the program. **NO AFTERSCHOOL** April 6 or April 21

Volunteer Group: – This drop-in program will spend a few hours giving back to the community. This group will plan to meet at the Multipurpose Center, load up the van and head to a local facility to give-back, and help, in some form or fashion. Weekly location destinations are subject to change. See Veronica for details.

Build an Ecosystem -
  - Build an Ecosystem (1) – This drop-in program is designed to teach about and create a fish tank built upon the knowledge of an ecosystem learned on a trip to Aqua Zoo in Webster.
  - Build an Ecosystem (2) – This drop-in program is designed to create a fish tank built upon the knowledge of an ecosystem learned from the trip to the Aqua Zoo.
  - Build an Ecosystem (3) – This drop-in program is designed to add fish to the tank, and program/learn/implement the care and success of a proper fish tank.

Drama Class (Theater) – This pre-registration required 10-week program will occur on Tuesday nights and focus on stage presentation and performance. No class April 21. The City will provide the costumes. Mandatory costume weekend on April 11 from 9am-12pm. There will be a final show performance on May 12 at 6:00 p.m. Free Admission to come watch!

Weight Lifting – This drop-in program will focus on lifting weights using arms, legs and back to increase over muscle strength.

Drum Circle – This drop-in program will focus on the therapeutic power of using drums and other musical instruments.

Pineapple Workouts – This drop-in program will be an hour long of various workout routines found on the website www.pinterest.com.

Examples may include: Superhero workouts, running/pushing, getting up and down from the floor, etc.

Bowling League – This pre-registration required program will take place on Fridays at Armandilla Lanes from 10:00 – 12:00 p.m. Each bowler must bring $5 each week in order to cover the cost of bowling two games.

In order to bowl with the Multipurpose Center group, you must have registered for this program in February.

SPECIAL EVENT: Old Fashioned Picnic – This drop-in Saturday event is offered free of charge for the whole family!

Come for an afternoon of face painting, relay games, popcorn and more! This will be an outside event - dress for the weather!

Blacktop Battle (Toyota Center) – This event is provided as a resource for you. The Multipurpose Center will not be taking a group.

There will be wheelchair division for this two-day, 3 on 3, basketball competition.

This event is held in the parking lot at the Toyota Center!

All are welcome to go watch this exciting event! The spectator admission fee is unknown.

Bingo – This drop-in program is a fun morning program focusing on scanning, problem solving and social interaction.

Bootcamp Boccia – This drop-in program is a strategy game played with two people, where you can score points by rolling six colored balls as close as possible to a white ball. This program is called Bootcamp Boccia because each week there will be different obstacles set up on each lane that must be overcome in order to score points.

Jam Band – This drop-in program will focus on creating a band and all of its instrumental areas.

There will be opportunities for participants to sing, play a drum set, electric guitar, bass guitar, tambourine, etc.

This is an experiential band and staff are not professionally trained in any of the areas.

Art – This drop in program is a first come first serve regarding materials.

Make A Wig: This drop-in program is a first come first serve program making wigs to wear for the monthly dance.

Spray Paint Art: This drop-in program is a first come first serve program making art using only various colors of spray paint.

Monthly Dance – This drop-in program is $1 for admission. Theme: Wig Night

Chair Zumba – This drop-in cardio program consists of body movements, set to music, to build muscles and increase strength and endurance.

All movements will be instructed while sitting in a chair (you are welcome to stand as you are able). Contract Instructor: Lisa Leonard

Bingo Night – This FREE drop-in program will resemble an actual bingo hall where participants will use actual bingo hall cards and paint stampers.

Ten games will be played.

Refreshments and popcorn will be available.

Wheelchair Sports – This drop-in program is designed for participants of all ages, and ability levels, to participate in wheelchair sports.

Reminder: WHEELCHAIR SOFTBALL TOURNAMENT (at the Multipurpose Center – All Day) MAY 23 & 24

Night At The Museum (NATM) – This registration required lock-in program will be offered as an overnight for individuals ages 16+.

This program will be held at the Multipurpose Center from 7:00 p.m. on Friday April 24 – 7:00 a.m. on Saturday April 25. The programming for this event will be themed after the movie, “Night at the Museum”. There will not be constant supervision as sleep time is schedule from 1-5am. Girls and guys will sleep in separate rooms. Everyone will be together during the program in the gym.

Registration Dates for programs:

April 6 – 17 for Night At The Museum Lock-In (NATM)

April – May for Summer Camps (money is due at registration)

Summer Camps – MUST REGISTER at some point between the dates of APRIL 1 and MAY 30

Camp Climb June 15-26 (ages 5-16 who do not require 1 to 1 supervision); Monday – Friday; 9a-3:00p

Camp Climb Fees: (Resident-$75 per week) (Non-Resident-$85 per week)

Camp Achieve July 6-17 (all ages of individuals who require 1 to 1 supervision); Monday – Friday; 9a-12p

Camp Achieve Fees: (Resident-$65 per week) (NonResident-$75 per week)

Camp Strive July 20-31 (ages 16+ for individuals who are independent in activities of daily living (ADL)); Monday – Friday; 9a-230p

Camp Strive Fees: (Resident-$60 per week) (NonResident-$70 per week)

Wheelchair Sports Camp August 3-7 (all ages of individuals who have physical disabilities); Monday – Friday; 9a-230p

Wheelchair Sports Camp Fees: (Resident-$60 per week) (NonResident-$75 per week)